**THERAPEUTIC BEGINNINGS**

We are preferred providers for the following insurance plans:

1. Premera Blue Cross
2. Regence Blue Shield
3. First Choice Network
4. Aetna (GEHA)
5. Cigna
6. Kaiser
7. Tricare
8. U.S. Family Health Plan

**QUESTIONS TO ASK YOUR INSURANCE COMPANY**

Please contact your insurance provider to verify if you have occupational and/or speech therapy coverage for your child.

COMMON TREATMENT (CPT) CODES

|  |  |
| --- | --- |
| Occupational Therapy (OT) Codes:   * OT Evaluation:   97165/97166 OT Evaluation (1 unit)  97530 (3 units)   * OT Treatment Session:   97530 Therapeutic Activities | Speech and Language Therapy (SLP) Codes:   * SLP Evaluation:   92523 SLP Evaluation (1 unit)  92507 Speech Therapy (1 unit)   * SLP Treatment Session:   92507 Speech Therapy |

COMMON DIAGNOSIS CODES (ICD-10)

|  |  |
| --- | --- |
| Occupational Therapy (OT) Codes:   * F82. Specific Developmental Disorder of Motor Function * F84.0 Autistic Disorder * Q90.9 Down Syndrome * R62.0 Delayed Milestones * R62.50 Lack of Expected Normal Physiological Development * R63.3 Feeding Difficulties | Speech and Language Therapy (SLP) Codes:   * F80.0 Phonological Disorder (Articulation, lisp) * F80.1 Expressive Language Disorder * F80.2 Mixed Receptive/Expressive Language Disorder * F84.0 Autistic Disorder * Q90.9 Down Syndrome * R48.9 Symbolic Dysfunction (Social Communication) * R62.0 Delayed Milestones |

Note : Your child’s diagnosis may be different from the above.

1. Does my child have outpatient occupational or speech therapy coverage? Are there any exclusions? Do I have an out-of-network therapy benefit?
2. Do I have a copayment? Do I have a co-insurance (a percentage of the bill) for which I am responsible?
3. Does my plan require a deductible to be met before benefits are paid by insurance? If so, what is the total deductible amount per year, and how much of that amount has not yet been met for the calendar year?
4. Is there a maximum number of therapy sessions for each calendar year? Are these sessions for occupational or speech therapy only, or are they combined with other types of therapy services?
5. Am I required to have a pre-authorization for therapy services?

***Please keep in mind that quoted benefits from your insurance company are not a guarantee of payment.***

**Therapeutic Beginnings**

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